

REVISIÓN

Biología aplicada al diagnóstico y tratamiento de la osteoporosis. Avances en biofármacos, bioterapias y biomarcadores. Parte 1

Biotechnology applied to the diagnosis and treatment of osteoporosis.

Review of biotechnological advances in pharmacy and biochemistry Part 1

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Resumen Introducción: La osteoporosis es un desorden óseo que incrementa el riesgo a padecer fracturas que constituye un problema de salud pública. Objetivos: Estudiar los avances biotecnológicos en relación con biofármacos, bioterapias y biomarcadores aplicados a la osteoporosis. Materiales y Métodos: Se realizó una búsqueda bibliográfica con las palabras clave *osteoporosis, biopharmaceuticals, biotherapies, microbiota, y biomarkers* en *MEDLINE/Pubmed, Scielo, Lilacs - BVS y Google Scholar*. Se analizaron 53 trabajos científicos en inglés o español, publicados entre 2005 y 2019. Resultados: Los péptidos recombinantes análogos de la hormona paratiroidea son biofármacos aprobados como alternativas a los fármacos tradicionales en la osteoporosis. La microbiota intestinal aparece como una bioterapia en estudio. Se describen distintos tipos de marcadores y biomarcadores y el desarrollo de herramientas como el algoritmo *Fracture Risk Assessment Tool (FRAX)*. Conclusiones: La biotecnología bioquímica y farmacéutica tiene una activa e importante participación en alternativas que pueden beneficiar la calidad de vida del paciente y disminuir el problema sanitario de esta compleja patología.

Palabras clave: osteoporosis, biofármacos, bioterapias, microbiota intestinal, biomarcadores.

Abstract Introduction: Osteoporosis is a bone disorder that increases the risk of fractures, and thus constitutes a public health problem. Objectives: To study the biotechnological advances related to biopharmaceuticals, biotherapies and biomarkers applied to osteoporosis. Material and Methods: A bibliographic search was carried out with the key words *osteoporosis, biopharmaceuticals, biotherapies, microbiota, and biomarkers* in *MEDLINE / Pubmed, Scielo, Lilacs VBS and Google Scholar*. A total of 53 scientific papers written in English or Spanish and published between 2005 and 2019 were analyzed. Results: Recombinant peptides analogous to parathyroid hormone are approved biopharmaceuticals used as alternatives to traditional drugs. The intestinal microbiota appears as a biotherapy under study. Different types of markers and biomarkers and the development of tools such as the *Fracture Risk Assessment Tool (FRAX)* algorithm are described. Conclusions: Biochemical-pharmaceutical biotechnology has an active and important participation in alternatives that can benefit the patient's quality of life and reduce the health problem of this complex pathology.

Key words: Osteoporosis, biopharmaceuticals, biotherapies, microbiota, biomarkers

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